



SEPTEMBER 2016

Maryland WIC
Better Nutrition Brighter Future

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Jackie – Eastern & Towson Ashley – Essex & North Point Thomasine – Chartley Maria – Woodlawn Mayra – Latino/IBCLC Liz – Breastfeeding Coordinator/IBCLC		Services Available Upon Request: -Breastfeeding Peer Counselor Consults-Infant weight checks during business hours-IBCLC Services		1	2	3
4	5	Breastfeeding Classes: Towson WIC Clinic 11:00am-11:30am Woodlawn WIC Clinic 3:45pm-4:15pm	Breastfeeding Classes: Eastern WIC Clinic 8:45am-9:15am	Breastfeeding Classes: Woodlawn WIC Clinic 9:30am-10:00am North Point WIC Clinic 2:00pm-2:30pm Chartley WIC Clinic 2:15pm-2:45pm	9	10
11	12	13	Breastfeeding Classes: Essex WIC Clinic 1:15pm-1:45pm	15	16	17
18	19	Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 3:00pm-3:30pm	Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am Essex WIC Clinic 1:15pm-1:45pm	Breastfeeding Classes: Woodlawn WIC Clinic 10:15am-10:45am North Point WIC Clinic 2:45pm-3:15pm Chartley WIC Clinic 3:00pm-3:30pm	23	24
25	26	27	Breastfeeding Classes: Essex WIC Clinic 1:15pm-1:45pm	29	30	



OCTOBER 2016

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: (410) 887-6000 Jackie – Eastern & Towson Ashley – Essex & North Point Thomasine – Chartley Maria – Woodlawn Mayra – Latino/IBCLC Liz – Breastfeeding Coordinator/IBCLC			Services Available Upon Request: -Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services			1
2	3	4 Breastfeeding Classes: Woodlawn WIC Clinic 3:45pm-4:15pm	5 Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am	6	7	8
9	10	11 Breastfeeding Classes: Towson WIC Clinic 2:00pm-2:30pm	12 Breastfeeding Classes: Essex WIC Clinic 1:15pm-1:45pm	13 Breastfeeding Classes: Woodlawn WIC Clinic 9:30am-10:00am North Point WIC Clinic 2:00pm-2:30pm Chartley WIC Clinic 2:15pm-2:45pm	14	15
16	17	18 Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 3:00 pm-3:30pm	19 Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am Essex WIC Clinic 1:15pm-1:45pm	20	21	22
23/30	24/31	25	26 Breastfeeding Classes: Essex WIC Clinic 1:15pm-1:45pm	27 Breastfeeding Classes: Woodlawn WIC Clinic 10:15am-10:45am North Point WIC Clinic 2:45pm-3:15pm Chartley WIC Clinic 3:00pm-3:30pm	28	29



NOVEMBER 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(Baltimore County) (410) 887-6000 To Contact a Breastfeeding Peer Counselor or Breastfeeding specialist near you: Jackie – Eastern & Towson Ashley – Essex & North Point Thomasine – Chartley Maria – Woodlawn Mayra – Latino/IBCLC Liz – Breastfeeding Coordinator/IBCLC				Services Available Upon Request: -Breastfeeding Peer Counselor Consults -Infant weight checks during business hours -IBCLC Services		
		1 Breastfeeding Classes: Woodlawn WIC Clinic 3:45pm-4:15pm	2 Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am	3	4	5
6	7	8 Breastfeeding Classes: Towson WIC Clinic 2:00pm-2:30pm	9 Breastfeeding Classes: Essex WIC Clinic 1:15pm-1:45pm	10 Breastfeeding Classes: Woodlawn WIC Clinic 9:30am-10:00am Chartley WIC Clinic 2:15pm-2:45pm North Point WIC Clinic 2:00pm-2:30pm	11	12
13	14	15 Breastfeeding Classes: Towson WIC Clinic 10:15am-10:45am Woodlawn WIC Clinic 3:00 pm-3:30pm	16 Breastfeeding Classes: Eastern WIC Clinic 9:30am-10:00am Essex WIC Clinic 1:15pm-1:45pm	17	18	19
20/27	21/28	22/29	23 Breastfeeding Classes: Essex WIC Clinic 1:15pm-1:45pm	24	25	26
			30			